

# Lowcountry Senior 101 Conference

*Living Well in the Lowcountry*

May 13, 2026 | 8:30 AM – 3:00 PM

Family Worship Center | 2 Trask Parkway • Yemassee, SC



## Lowcountry Highlights

Join seniors from across the South Carolina Lowcountry for a day of connection, education, and inspiration focused on healthy aging, community resources, and living your best life in the Lowcountry.


## Lowcountry Highlights

-  Wellness & Nutrition Sessions
-  Local Resource Vendors
-  Inspiring Guest Speakers
-  Educational Workshops
-  Lunch & Fellowship
-  Giveaways & Community Connections

**Registration Deadline: May 1, 2026**

*Register early – seating is limited.*

### For Information or Registration

Lowcountry Area Agency on Aging  
Ashley Young  
 (843) 473-3950

Family Worship Center  
 (843) 522-1900  
Evangelist Patricia Wade-Goings

Hosted by *Family Worship Center Senior Ministry* Pastor Bill Doctor

Sponsored by *Lowcountry Council of Governments*  
*Area Agency on Aging*