

Capital Trail Video Transcript

Cat Anthony: One of the cool things about the Capital Trail is that it brings communities together. It's a 51.7-mile trail. It goes through Richmond, Henrico, Charles City County, and James City County. Our goal is to ensure everyone has access to the Capital Trail.

Jay Ell Alexander: Health and fitness has always been a part of my DNA. The outdoors belongs to all of us. We provide a safe space within our community, but then the Virginia Capital Trail also provides that space.

Cat Anthony: We are funding different organizations through the Outdoor Equity fund. And Dominion Energy has been one of the initial sponsors of that.

Jay Ell Alexander: This funding goes directly into our Richmond community. So, we'll be able to really start the women out on the right foot, for their health and fitness journey.

Ryan Hamlet: Here at the Richmond Cycling Corps, we work with the youth in the East End, trying to provide them opportunities and break down barriers that they might find in their daily lives. Having a bike gives you this new sense of kind of confidence and the bike becomes a therapy tool. The Foundation has allowed us to provide better bikes, provide opportunities for our students, to help us employ the students. It's really empowering to be at this spot and connect with so many different people.

Sue Henneberry: For Dominion Energy to be able to help give access to the Capital Trail and have the grants and the funding, it means the world to me. I'm an amputee and I'm actually an athlete. I can now do things that I never was able to do before. I can live here comfortably, securely, safely. You couldn't do that without the Capitol Trail.

Cullen Jenkins: We opened in 2009. Over the years, we saw a bicycle or two. The miracle really then happened in 2015. We went from five employees to about 20 employees; it tripled. And really the growth directly from the trail is a reason for that. Folks like Dominion, I don't see how it happens without folks like that.

Cat Anthony: We're grateful for partners like Dominion Energy who give back both their time, talent and energy.

Ryan Hamlet: It means something to see a power company like Dominion to give back to the community and show that they care about the place where they reside.