# **MILLSTONE POWER STATION**

# **Emergency Preparedness Information**

2024





## **Understanding Nuclear Safety and Radiation**

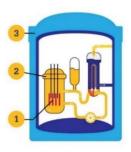
## **Nuclear Safety**

Nuclear power plants are designed, engineered, and operated to adhere to stringent safety and security regulations and practices. Multiple layers of safety systems and structures protect the plant and community from an emergency:

- Reactor safety systems with separate, redundant backup systems to provide reliable protection
- Reinforced concrete and steel designed containment buildings to withstand tremendous forces (e.g., hurricanes, tornadoes, earthquakes, and external explosions)
- Regularly exercised and comprehensive emergency plans and procedures
- Highly skilled, experienced, and continuously trained plant employees
- Highly secured, 24 hours a day, 7 days a week
- Comprehensive security plans and on-site security force personnel
- Advanced physical security and monitoring systems

There are three **fission product barriers** (also referred to as **protective barriers**) that prevent the release of radioactive fission products (radiation) into the environment:

- Fuel Cladding: Fuel cladding is the outer layer of the fuel rods, standing between the reactor coolant and the nuclear fuel (i.e., fuel pellets). It prevents corrosion of the fuel.
- Reactor Coolant System: The reactor coolant system
  acts as the second fission product barrier. Within the
  large steel reactor vessel, the reactor coolant system
  includes the pipes and components (e.g., the reactor
  vessel, coolant pumps and piping) that supports the
  transfer and process of reactor coolant (water) to
  remove heat from the reactor core.
- 3. **Containment Building**: The containment building acts as the third fission product barrier. The containment is a concrete shield building and steel containment vessel that houses the reactor vessel, steam generators, and piping of the reactor coolant system.



#### **Understanding Radiation**

Radiation is energy emitted in tiny waves or particles. It naturally occurs in the environment; it is not new or mysterious. We receive radiation from the sun, minerals in the earth, food we eat, and building materials. We even give off radiation.

You can't see, taste, or hear radiation. However, you can measure radiation – in units called rem and millirem. A millirem (mrem) is 1/1000th of a rem. The rem is a unit of measure that considers the effect that different types of radiation have on the body. The table below shows the average mrem an individual in the United States receives from naturally occurring and man-made radioactive material. (Source NCRP Report No. 160, Ionizing Radiation Exposure of the Population of the United States).

Radiation can produce charged particles in material it strikes. Charged particles are known as ions. The most common types of ionizing radiation are alpha, beta, and gamma. **Alpha radiation** is the least penetrating type. It can be stopped with a shield equivalent to a sheet of paper. **Beta radiation** consists of electrons that can be stopped by the equivalent of thin cardboard. **Gamma radiation** consists of electro-magnetic waves that can be stopped by heavy shielding such as concrete or lead.

Exposure to large amounts of radiation can be harmful or even fatal; however, radiation emitted during normal plant operations is very small, smaller than the amount we would receive on a coast-to-coast airplane flight. Radiation risk depends on: (1) Kind of rays and particles that strike you. (2) Length of exposure time. (3) Body parts exposed. (4) Amount of radioactive material you have ingested or inhaled. And (5) Age – young children are more at risk because cells in their bodies are growing much faster than the cells of older children and adults.

#### **Natural Background (in mrem)**

Radon & Radon Daughters = 228.0

Cosmic Rays = 33.0

Terrestrial Radiation = 21.0

Internal Radiation = 29.0

Per Year Total: 311.0 mrem

#### Man-Made (in mrem)

Medical

Diagnostic X-Rays = 33.0

Other Medical = 267.0

Consumer Products = 13.0

Occupational = 0.5

Nuclear Power = 0.1

Miscellaneous = 0.3

Per Year Total: 314.0 mrem

Natural and Man-Made sources Per Year Total: 625.0 mrem

## **Be Prepared**

### Develop an Emergency Plan & Kit

It is important to know which types of disasters could affect your area. Your Emergency Plan will contain emergency contacts, medical information, your Protective Action Zone, evacuation and sheltering information, and more. Your Emergency Kit should have supplies to last at least three days for each family member. Keep it in an easy-to-carry bag, such as a backpack, duffel bag, or suitcase. Emergency kit items to include:

- First aid kit (including list of allergies, extra contact lenses, glasses)
- Non-perishable foods/can opener
- Matches/lighters
- Water, one gallon per person per day
- Medications
- Flashlight/batteries
- Items for individuals with access/functional needs
- Local map

- **Important** documents/cash
- Clothing/blankets
- Phone/phone charger
- **Tools**
- Local map
- Personal items
- Infant/children items
- Pet supplies
- Photo ID
- Potassium Iodide (KI)

For persons with critical needs who may need help in an evacuation - Complete and return the Functional Needs and Assistance Survey Card. This survey card is mailed to you every year. Residents must complete and mail, at no cost, the survey card every year. Or, contact your locality to learn available options. If you become ill or need assistance at the time of an emergency, contact your local sheriff or ambulance service. Contact information is provided under More Information on pg. 8.

### Develop a Pet Emergency Plan and Kit

Not all shelters and hotels accept pets. Plan ahead to stay with family, friends, or at pet-friendly locations if you need to evacuate your home. If a hotel has a no-pets policy, ask if they can waive the policy during an emergency. Don't hesitate to leave your home in an emergency because you don't want to leave your pet(s) behind.

#### **Pet Kit Items**

- Microchip your pet
- Pet carrier
- Photograph of pet
- Plastic bags/litter
- Collar with ID tag/leash
- Pet food/water for at least 3 days
- Non-spill water/food bowls
- Extra newspaper/ disinfectant
- Familiar items/toys/beds Pet vaccination/medical records/medications

## **Protect Your Livestock & Agriculture**

Livestock and poultry owners are responsible for the care and wellbeing of their animals. Livestock and poultry owners, farmers, and producers should develop and maintain an emergency plan specific to their needs to use in the case of an evacuation. Nuclear plant emergencies may impact livestock, food, and agricultural products. Protective actions for livestock and agricultural products will be issued by appropriate state and local officials.

These actions may include: (1) If possible, shelter farm animals and provide stored (covered) feed and protected water (e.g., protective self-feeders and automatic waterers). (2) Store feed in buildings or cover with plastic or canvas if outdoors. (3) Cover open wells and water tanks. (4) Have a relocation plan for livestock in the event you cannot return home.

## Preparing for a Radiological Emergency

**Nuclear Regulatory Commission defines four emergency** classifications that could occur at a nuclear power station. Dominion Energy would contact federal, state, and local authorities in each of the following situations:

- Unusual Event is the least serious level, indicating a potential or minor event at the station. Radioactive release, if any, is minimal and far below Federal guidelines. There is no impact to public and no public action needed. Support from state and local emergency officials is not needed.
- Alert is a more serious level, indicating an event that may affect station safety. Radioactive release, if any, is minimal and far below Federal guidelines. There is no impact to public and no public action needed. State and local emergency officials will share information with the public as needed.
- Site Area Emergency is a serious level, indicating an event that may affect or has affected plant safety. Radioactive release, if any, should remain under Federal guidelines. When alerted, you should tune into local radio and television stations for information and instructions. State and local emergency officials may recommend actions for the public to take.
- General Emergency is the most serious level that involves a serious event that may affect or has affected plant safety. Radioactive release, if any, may exceed Federal guidelines. When alerted, you should tune into local radio and television stations for information and instructions for protective actions. State and local emergency officials will direct actions for the public to take.

# **Stay Informed**

### Stay Up to Date & Listen to Emergency Notifications

Local Emergency Alert System (EAS) radio and TV stations will have information and provide actions to take to keep you safe in the unlikely emergency event at Millstone Power Station. The public will also be alerted and notified of an emergency via sirens, EAS broadcast on local radio and television, and CT Alert (if subscribed) (portal.ct.gov/ctalert).

In an emergency, sirens will be activated to a steady tone for three minutes (that may be repeated). These sirens are maintained and routinely tested throughout the year by Millstone Power Station. When you hear the siren, tune into local radio and/or TV station for emergency information and instructions.

Hearing sirens is <u>NOT</u> an immediate signal to evacuate. It means tune in to local radio or television station and listen for information and instructions on what to do.

CT Alert is the State of Connecticut's emergency notification system to alert residents anywhere in the state about life-threatening emergency conditions. By signing up for CT Alerts

(portal.ct.gov/CTAlert/Common-Elements/Common-Elements/Sign-up-for-CT-Alerts) and keeping your contact information up-to-date, you will receive alerts and other essential information quickly in an emergency.

In an emergency **parents of school children** need to listen to local TV and/or radio stations for updates on school status and instructions. Emergency officials will advise schools on what actions to take.

| Emergency Alert System Radio / TV Stations |                            |                    |  |  |  |
|--|----------------------------|--------------------|--|--|--|
| Radio                                      |                            |                    |  |  |  |
| Norwich                                    | Hartford                   |                    |  |  |  |
| WCTY 97.7 FM                               | WMOS 102.3 FM              | WTIC 1080 AM       |  |  |  |
| WNLC 98.7 FM                               | WBMW 106.5 FM WDRC 1360 AN |                    |  |  |  |
| WWRX 107.7 FM                              | WMRD 1150 AM               | WTIC 96.5 FM       |  |  |  |
| WNPR 89.1 FM                               | WXLM 980 AM                | WDRC 102.9 FM      |  |  |  |
| WKNL 100.9 FM                              | WLIS 1420 AM               |                    |  |  |  |
| WQGN 105.5 FM                              | <b>WICH 1310 AM</b>        |                    |  |  |  |
| WPKT 90.5 FM                               |                            |                    |  |  |  |
| TV Station                                 |                            |                    |  |  |  |
| Norwich/Hartford                           |                            |                    |  |  |  |
| WFSB Ch. 3                                 | WHPX Ch. 26                | WTIC Ch. 61        |  |  |  |
| WTNH Ch. 8                                 | WVIT Ch. 30                | 1. 30 WITC CIT. 61 |  |  |  |

# Know Your Emergency Planning Zone & Evacuation Reception Center

Communities located within the 10-mile area of Millstone Power Station are included in the 10-mile emergency planning zone (EPZ). Following a General Emergency, people in parts of the 10-mile EPZ may be directed to take protective actions such as sheltering-in-place, evacuation, take potassium iodide (KI) if recommended, or monitor and prepare. The map on **pg. 5** shows the 10 communities within the 10-mile EPZ of Millstone Power Station.

Listen carefully to instructions specific to your area. If told to evacuate, you may be instructed to report to a Host Community Reception Center (or simply known as Reception Center).

Each community is designated to evacuate to a Reception Center in one of five Host Communities (New Haven, West Hartford, Mansfield/UCONN/Storrs, Willimantic/Windham and Norwich). Officials may have important information about evacuation routes or may re-direct your town to an alternative Host Community.

Reception Centers offer contamination monitoring and, if needed, assist in decontamination of people, pets, and vehicles. Other services include reuniting family members, crisis counseling, basic emergency medical services, potassium iodide (KI) tablets if without (if recommended), and American Red Cross services (e.g., connection to shelters).

Unless told otherwise, use the primary evacuation route on **pg. 9** for directions to get to your assigned Reception Center.

#### **Additional Emergency Information Communications**

United States Coast Guard (USCG): USCG will broadcast waterway advisories for the emergency planning zone via very high frequency (VHF) marine radio. For waterway questions, contact USCG Sector Long Island by phone 800-774-8724 or 203-468-4401 or via VHF radio Ch. 16.

Connecticut Network (CT-N): In an emergency, CT-N will provide emergency public information directly from the State Emergency Operations Center.

CT 2-1-1: In an emergency, dial 2-1-1 from anywhere, anytime in CT. Multilingual specialists are also available. If you are outside the state or have a problem using the 2-1-1-number, dial 800-203-1234.

## **Know Your Emergency Planning Zone and Reception Center**

## Millstone Power Station Protective Action Zone and Reception Center Map



- Ledyard (blue)—Consists of areas south of Hurlbutt Rd., Whalehead Rd., and Sandy Hollow Rd. to Route 117
- The Lymes (purple)—Consists of all of East Lyme, Old Lyme, and areas of Lyme east of Route 156 and south of Beaver Brook Rd.
- Montville (yellow)—Consists of areas south of Grassy Hill Rd., Chesterfield Rd., and Route 163, between Glendale Rd. and Chapel Hill Rd.
- New London (orange)—Encompasses of New London.
- The Grotons (green)-Encompasses all of Groton Town and Groton City.
- Waterford (yellow)—Encompasses all of Waterford.
- **Fishers Island** (orange)—Encompasses all of Fishers Island.

## **Follow Emergency Instructions**

# If Your Community (Emergency Planning Zone)is Told to Evacuate:

- ✓ Stay calm review your emergency plan. You will have time to take necessary action.
- ✓ Turn on local radio or TV station(s).
- ✓ Grab your emergency kit. Grab all essentials for Stay calm - review your emergency plan. You will have time to take necessary action.
- ✓ Keep up to date and listen to instructions. Know what to do when you hear a siren – tune into local listen to local radio or TV for information and potential actions to take to keep you safe.
- ✓ Limit telephone use to emergencies only, keep the lines open for official use.
- Check on family and friends who may need assistance.
- Know your children's school emergency plan. Review emergency school plan(s) and procedure(s) each school year.
- ✓ Lock your home and turn off appliances. Lock doors and windows. Turn off appliances (except refrigerator and freezer).
- ✓ **Drive safely to your Reception Center.** If directed, report to your assigned Reception Center for contamination monitoring and other potential protective actions. When driving, close windows, vents, and turn off air conditioner and heater.
- If registered as an individual needing evacuation assistance, wait for instructions from your locality.
- ✓ If on the waterways, you may not be allowed to return to your original point of departure. Follow guidance from the U.S Coast Guard, harbor master, and local emergency management officials. You may be directed to another port and transported to a Reception Center.
- Return home when directed. When the emergency has ended, emergency officials will provide instructions for returning home.
- ✓ Questions during an emergency and more information, contact CT 2-1-1 and/or visit the CT REP Education and Public Information website (portal.ct.gov/DEMHS/Emergency-Management/Resources-For-Officials/Radiological-Emergency-Preparedness/REP-Education-and-Public-Information).

# If Your Community (Emergency Planning Zone) is Told to <u>Shelter-In-Place</u>:

- ✓ Stay calm stay inside. Stay in the middle of the building, as much as possible, and close all windows and doors. Prepare to stay inside for at least three days.
- ✓ **If driving,** close windows and vents and turn off air conditioner and heater.
- ✓ Bring pets and livestock inside. Plan for at least three days.
- Close all windows and doors, and turn off all devices that draw outside air, if possible. You can use fans or heating devices inside the home to keep warm or cool.
- ✓ Close chimney flues when possible.
- Keep informed and listen to instructions. Continue to monitor local radio or TV and follow instructions. Do not evacuate unless directed.
- ✓ Limit telephone use to emergencies only, keep the lines open for official use.
- ✓ For questions during an emergency and for more information, contact CT 2-1-1 and/or visit the CT REP Education and Public Information website (portal.ct.gov/DEMHS/Emergency-Management/Resources-For-Officials/Radiological-Emergency-Preparedness/REP-Education-and-Public-Information)



If you must go outside, cover your mouth and nose with a cloth (e.g., folded handkerchief or towel) to help prevent breathing in radioactive particles. Move quickly and limit outdoor time to as little as possible. Remove the outer layer of your clothing when you return inside and place in a plastic bag. Wash all exposed body parts with lots of soap and lukewarm water to remove potentially radioactive particles from your body. These steps will help reduce exposure to harmful radioactive material. For more tips and guidance on self-decontamination, visit CDC's How to Self-Decontaminate after a Radiation Emergency

(cdc.gov/nceh/radiation/emergencies/selfdecon\_wash.ht m).

## Take Potassium Iodide (KI) If Recommended

#### Take Potassium Iodide (KI) If Recommended

Not every radiological emergency will result in the release radiation. Potassium iodide (or KI) is a form of iodine. KI may be recommended as an additional protective action to help protect your thyroid gland in the chance of exposure to a harmful amount of radiation.

If KI is recommended, it is important to follow exact amount directed for your age group. Especially in young children and infants, giving too much KI can cause more harmful effects and health issues.

Go to Connecticut's Potassium Iodide Fact
Sheet (portal.ct.gov/-/media/DEMHS/\_docs/Plans-andPublications/EHSP0098---KI-Fact-Sheet-English.pdf) to see how much KI you should take for your age group.
Visit Connecticut's Potassium Iodide (KI) Program webpage for more information on KI
(portal.ct.gov/DEMHS/EmergencyManagement/Resources-For-Officials/RadiologicalEmergency-Preparedness/KI-Potassium-Iodide).

Those living and/or working within the 10-mile area of Millstone Power Station can get their KI at the locations listed in the table (EXCEPT during emergencies). No appointment necessary. Hours of operation can be found on the location's website or calling the contact number. During an emergency, KI will be available at your designated Reception Center.

| Town/City   | Location and Contact Number   |  |  |
|-------------|---|--|--|
| East Lyme   | <b>Town Hall</b> 108 Pennsylvania Ave. 860-739-6931 (Ext.1135)  |  |  |
| Groton City | Groton Municipal Building City Clerk's Office 295 Meridian St. 860-446-4102                             |  |  |
| Groton Town | <b>Town Hall</b><br>Town Clerk's Office<br>45 Fort Hill Rd.<br>860-441-6640 (Town Clerk)                |  |  |
|             | <b>Groton Town PD</b> 68 Groton Long Point Rd. 860-445-2000 (Dispatch Center)                           |  |  |
| Ledyard     | <b>Ledyard Regional VNA</b><br>741 Colonel Ledyard Hwy.<br>860-464-8464                                 |  |  |
|             | <b>Ledyard Police Dept.</b><br>737 Colonel Ledyard Hwy.<br>860-464-6400                                 |  |  |
| Lyme        | Town Hall Town Clerk's Office<br>480 Hamburg Rd. (Route 156)<br>860-434-7733                            |  |  |
| Montville   | Town Hall Office of the Fire Marshal & Emergency Management 310 Norwich - New London Tpke. 860-848-1417 |  |  |
| New London  | <b>Fire Headquarters</b><br>289 Bank St.<br>860-440-6671 or 860-447-5291                                |  |  |
|             | North Station Fire Dept.<br>240 Broad St.<br>860-437-6340   |  |  |
|             | South Station Fire Dept.<br>25 Lower Blvd.<br>860-437-6341  |  |  |
| Old Lyme    | <b>Town Hall</b><br>52 Lyme Street  |  |  |
| Waterford   | Waterford Police Dept. 41 Avery Lane  |  |  |
|             | <b>Town Hall</b><br>15 Rope Ferry Rd  |  |  |

## **More Information**

### **Local and State Contact Information**

Visit or contact your local/state emergency management or public safety agency for additional emergency preparedness and response information specific to your area.

**Town of East Lyme Emergency Management** 

Office: 860-739-4434

**Town of Montville Emergency Management** 

Office: 860-848-1417

**City of Groton** 

Office: 860-445-2451

**Town of Groton Emergency Management** 

Office: 860-445-2000 | 24-hour: 860-445-2497

**City of New London Emergency Management** 

Office: 860-442-4444

**Old Lyme Emergency Management** 

Office: 860-434-1605, Ext. 212

**Ledyard Emergency Management** 

Office: 860-464-6400

**Town of Lyme Emergency Services** 

Office: 860-304-2112

**Town of Waterford Emergency Management** 

Office: 860-442-9585

Fishers Island, NY

Office: 631-765-2600

CT Division of Emergency Management and Homeland Security (DEMHS) (portal.ct.gov/DEMHS/Emergency-Management/Resources-For-Officials/Radiological-Emergency-Preparedness/Radiological-Emergency-Preparedness)

Office: 860-685-8531

CT Department of Emergency Services and Public

Protection (DESPP) (portal.ct.gov/DESPP)

Office: 860-685-8000

**CT 2-1-1** (211ct.org): Call CT 2-1-1 for information on various topics, including school closures, evacuation information, and emergency preparedness and response. If you are outside the state, dial 800-203-1234.

**Dominion Energy (**<u>DominionEnergy.com</u>): Call Dominion Energy toll-free at 866-366-4357 for questions or to request a hard copy of this information mailed to you at no cost.

#### Resources

#### **Radiological Preparedness and About Radiation**

- CDC: Radiation Emergencies (cdc.gov/nceh/radiation/emergencies/index.htm)
- CDC: Where to Go in a Radiation Emergency (cdc.gov/nceh/multimedia/infographics/radiation emergency.html)
- EPA: Radiation Emergencies and Preparedness (epa.gov/radtown/radiation-emergencies-and-preparedness)
- NRC: How Can I Prepare for A Radiological Emergency?
   (nrc.gov/about-nrc/emerg-preparedness/prepare-for-radiological-emerg.html)
- NRC: How a Pressurized Reactor Works (<u>nrc.gov/reactors/power/pwrs.html</u>)
- NRC: Sources of Radiation (<u>nrc.gov/about-nrc/radiation/around-us/sources.html</u>)
- World Nuclear Association (world-nuclear.org/nuclearessentials/is-radiation-safe.aspx)

### **Personal and Family Preparedness Resources**



- FEMA.gov
- Readv.gov
- CT Prepares: Keep You and Your Family Safe (portal.ct.gov/CTPrepares/Be-Prepared/Be-Prepared)
- CT DEMHS: Stay Informed (portal.ct.gov/CTPrepares/Stay-Informed)

## **Pet Preparedness Resources**

- FEMA: Prepare Your Pets for Disaster (ready.gov/pets)
- CDC: Pet Safety in Emergencies
   (cdc.gov/healthypets/keeping-pets-and-people-healthy/emergencies.html?CDC\_AA\_refVal=https%3A
   %2F%2Fwww.cdc.gov%2Fhealthypets%2Femergencies
   %2Findex.html)
- Find Pet-Friendly Hotels
  - bringfido.com
  - dogfriendly.com
  - pet-friendly-hotels.net
  - petswelcome.com
  - tripswithpets.com
  - secure.rezserver.com/home/?refid=1385



## **Evacuation Route Instructions to Evacuation Reception Centers**

Use the primary evacuation route described in the table below to get to your assigned evacuation reception center, unless otherwise directed to use an alternative route.

<u>NOTE:</u> \*Indicates only a portion of Ledyard, Lyme, and Montville are located in the 10-mile emergency panning zone (EPZ). The areas within the EPZ are: (1) Ledyard EPZ – all areas south of Hurlbutt Rd., Whalehead Rd. and Sandy Hollow Rd. to Route 117. (2) Lyme EPZ – all areas east of route 156 and south of Beaver Brook Rd. (3) Montville EPZ – all areas south of Grassy Hill Rd., Chesterfield Rd., Route 163 and Deport Rd. to Waterford and East Lyme Town lines, including those areas between Glendale Rd. and Chapel Hill Rd. in Oakdale Heights.

| <u>TOWN</u>                           | HOST<br>COMMUNITY              | EVACUATION RECEPTION <u>CENTER</u>  | PRIMARY EVACUATION ROUTE INSTRUCTIONS  |
|---------------------------------------|--------------------------------|---|--|
| EAST LYME                             | New Haven                      | Southern Connecticut State<br>University Moore Field House<br>125 Wintergreen Ave.<br>New Haven, CT 06515 | I-95 South lo Exit 44 to RTE 10N (Ella Grasso Blvd.). Continue ton Ella Grasso Blvd. to left on Crescent. Right off Fitch. Left on Wintergreen to Connecticut State U Moore Field House.   |
| GROTON<br>CITY<br>&<br>GROTON<br>TOWN | Norwich                        | Norwich Technical High<br>School<br>7 Mahan Drive<br>Norwich, CT 06360                                    | RTE 12 N to RTE 2A West to I-395 N to Exit 13A.  Take Route 2E to 169 North (Harland Rd.).  Right on Ox Hill Rd.  Turn right before Mahan Dr. into Norwich Technical HS. OR,  RTE 349 N (CB Sharp Hwy) to I-95 to RTE 117N to RTE 2 W to RTE 169 N (Hartland Rd.).  Right on Ox Hill Rd.  Turn right before Mahan Dr. onto Norwich Technical HS. OR,  RTE 184 E to RTE 201 N to RTE 2 W to RTW 169 N (Hartland Rd.).  Right on Ox Hill Rd.  Turn right before Mahan Dr. onto Norwich Technical HS. |
| LEDYARD*                              | Mansfield/<br>UCONN/<br>Storrs | UCONN Commuter Lot "C"<br>Storrs, CT 06269  | RTE 12 N to RTE 2A.  West to I-395 N.  At exit 13B, take ramp right for CT-32- N. Follow 32 N to RTE 44.  Right onto RTE 44 E, right onto Discovery Dr. to Avalonia Way.  Right into commuter "C" Lot.   |
| LYME* &<br>OLD LYME                   | New Haven                      | Southern Connecticut State University Moore Field House 125 Wintergreen Ave. New Haven, CT 06515          | I-95 South lo Exit 44 to RTE 10N (Ella Grasso Blvd.). Continue ton Ella Grasso Blvd. to left on Crescent. Right off Fitch. Left on Wintergreen to Connecticut State U Moore Field House.   |
| MONTVILLE*                            | West Hartford                  | Conard High School<br>110 Beechwood Road<br>West Hampton, CT 06107  | Southeast on CT-163. Left to merge onto I-395 towards Norwich. Exit 13B to CT-2 w/CT-32 N towards Hartford. Exit 2W to merge onto I-84 W towards I-91 N. Exit 41 to South Main St. At traffic light, turn right on South Main St. Left on Beechwood Rd. to Conard HS.  |
| NEW<br>LONDON                         | Windham                        | Windham High School<br>355 High Street<br>Willimantic, CT 06226   | RTE 32 N to Frog Bridge RTE 66. Right, over bridge, stay straight, on Jackson St. to left on Valley St. Turn right onto High St. up hill to Windham HS.  |
| WATERFORD                             | West<br>Hartford               | Conard High School, 110<br>Beechwood Road, West<br>Hampton, CT 06107                                      | West on Boston Post Rd (US-I) to I-95 S.  Take exit 69 on the right to CT-9 N towards Essex/Hartford.  Take exit 40B (old exit 31) to 1-84 E.  Take exit 40 to CT-71.  Left on Berkshire Rd.  Right on Beechwood Rd. to Conard HS.   |
| FISHERS<br>ISLAND, NY                 | Windham                        | Windham High School<br>355 High Street<br>Willimantic, CT 06226   | To New London or Stonington Harbor.<br>State provided bus transportation to Windham HS.  |